

PATAÑJALI STUTI

Yogena cittasya padena vācām
Malam śarīrasya ca vaidyakena
Yopākarottam pravaram munīnām
Patañjalim prāñjalir ānatosmi

I offer my salutations with folded hands to Patanjali, the renowned amongst the sages, who removed the impurity of mind through yoga; of speech by grammar and of body by Ayurveda.

Arsha Yoga

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